



6160-08 City & Guilds Level 3 Award in Working as a Member of a Rescue and Recovery Team in Confined Spaces



Course Aim

This course aims to help delegates prepare for rescue and recovery activities in confined spaces, including:

- Preparing for emergency situations
- Safely entering and exiting confined spaces
- Using rescue and emergency equipment
- Rescuing and recovering casualties
- Using casualty handling and recovery equipment
- Following rescue procedures and working as part of a team

Water

Sewage treatment processes, drain and sewer cleaning operations, or where the operative is working in or near water, or where a confined space is subject to surface water flooding.

Non-water

Pharmaceutical, petrochemical, asbestos removal, vehicle manufacture and servicing, aeronautical, construction, communications, power, utilities, gas, electrical and mechanical engineering and some elements of work operations in mines, quarries and tunnelling.

Note:

During the practical session, the combined safe working load for the delegate and equipment is 136 kg. For the 6160-08 qualification, the delegate SWL is 125 kg, excluding equipment.



Who Should Attend?

This course is for anyone who works as part of a rescue and recovery team in confined spaces. This may include:

- **Team Members:** responsible for carrying out emergency and recovery operations
- **Supervisors & Managers:** responsible for overseeing high-risk operations and must understand emergency procedures.

Course entry requirements

Delegates must:

- Hold a 6160-03 Level 2 Award in Working in High Risk Confined Spaces qualification
- Hold a valid Emergency First Aid at Work (EFAW) qualification
- Be clean-shaven to allow the correct fitment of SCBA in line with the manufacturers requirements.



Certification

Delegates who successfully complete the course will receive a City & Guilds Level 3 Award in Working as a Member of a Rescue and Recovery Team in Confined Spaces (6160-08).

The certification is valid for 3 years.



Course Duration

This is a 3 day course

Safety / Value / Availability / Support



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Agenda

- Topics covered include:
- Identification of a confined space
- Confined space classifications
- Hazardous situations
- Risk assessments and method statements
- Safe systems of work
- Emergency arrangements
- Rescue plan and team responsibilities
- Rescue and medical equipment
- Dealing with a casualty
- Use of breathing apparatus
- Emergency arrangement cycle

Assessment:

- The assessment includes the following:
- Practical observation including side and top entry (up to 3 metres)
- Carrying out dynamic risk assessments during exercises
- Reviewing risk assessments and method statements
- Casualty rescue and recovery scenarios
- 120-minute question paper

